



**BEST
BUSINESS
RESULTS**



Educate with Online Training Courses

Contact us on 0409 692 163 or info@bestbusinessresults.com

Build capable, aligned & confident teams & leaders.



Getting the right support for the development of your people & business is critical – but most programs are too prescriptive or disconnected from real-world challenges.

Our approach is different. Combining action-oriented, quality online training courses with the right development program to deliver practical results, tailored to your goals and schedule. Just-in-time learning when & where needed.

Learning Flexibility

- Embed courses into tailored learning & development or leadership coaching programs, bite-sized learning sprints, or in-person workshops.
- Choose from hundreds of on-demand modules, learn anytime, anywhere.
- Build capability fast with hands-on activities that connect learning directly to your business challenges.
- Access a stimulating mix of online courses, videos, and practical exercises.
- Tap into new business ideas and evolving best practices from Mindshop's 30+ years of experience.
- Participants earn a certificate of completion for every course successfully finished.

Smart. Flexible. Actionable.

Foundation

Effective Communication
Problem Solving Foundations
Strategic Planning

Advanced

Advanced Sales Skills
Agile Teams & Implementation
Attraction & Retention
Change Success Mastery
Coaching & Accountability
Facilitation & Presentation Skills
Leadership Performance
Marketing Strategies
Personal Resilience
Personal Success
Problem Solving Advanced
Profit Improvement
Time & Priority Mastery

Specialist

Business Intuition
Lean Management
Self Confidence

Contact us.

Don't delay, talk to us about how you can build your business & personal skills & capabilities

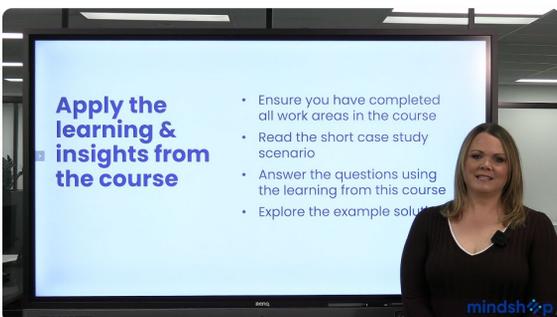
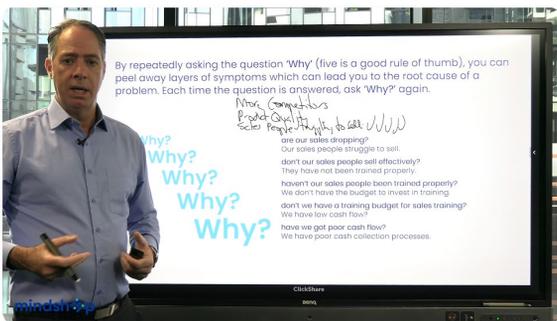
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Effective Communication

Why Complete this Course?

- Effective communication through listening and questioning is a critical skill, allowing you to pick up on key issues and opportunities when speaking to team members, suppliers and customers. When combined with good tone, body language and conversational styles, these skills make the person you are speaking to feel understood, boosting engagement.
- Communication skills are especially important when talking to your team or customers in a virtual setting where you can't receive as many of the nonverbal cues otherwise picked up in a face-to-face conversation.



What You'll Learn

1. Overview & Goals
2. Setting An Agenda
3. Active Listening
4. Questioning Techniques
5. Digging Deeper With Five Whys
6. Tone & Body Language
7. Storytelling
8. Chunking Up & Next Steps
9. The Importance Of Primacy & Recency
10. Effective Communication Case Study

Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Plan and structure impactful meetings, workshops, or conversations with clear agendas and desired outcomes.
- b. Apply active listening techniques and powerful questioning to uncover the root cause of issues quickly.
- c. Use effective tone, body language, and storytelling to enhance communication impact.
- d. Organise and summarise key points, actions, and next steps to drive results.
- e. Leverage the primacy and recency effect to make messages more memorable.

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Problem Solving Foundations

Why Complete this Course?

- The Problem Solving Foundations course equips you with a practical toolkit and common framework to tackle any challenge, opportunity, or change initiative.
- Through Mindshop's proven 'Now Where How' methodology, you'll learn to quickly analyse issues, focus on priorities, and translate strategy into action. With engaging videos, step-by-step guides, and hands-on exercises, you'll apply techniques immediately and build skills you can revisit and refine over time.



What You'll Learn

1. Course Overview & Goals
2. Now Where How
3. Magic Wand
4. Mindmapping
5. Pareto Analysis
6. Top Three Issues
7. The One Page Plan
8. Problem Solving Foundations Case Study

Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Adopt a consistent, proven approach to problem solving.
- b. Turn strategy into clear, actionable steps.
- c. Quickly analyse and prioritise issues for maximum impact.
- d. Build confidence applying practical tools to real-world challenges.
- e. Upskill flexibly and embed new capabilities into everyday work.

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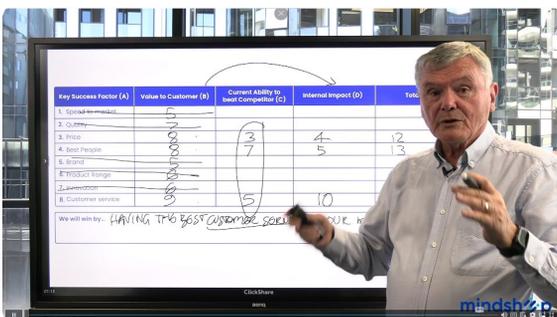




Strategic Planning

Why Complete this Course?

- This strategic planning course equips you with the tools, frameworks, and practical steps to deliver an impactful strategic planning workshop.
- You'll learn how to set vision, define competitive advantage, develop strategies, and create a one-page plan. Importantly you'll look at how to increase your probability of change success from a default of 30% to close to 75% when implementing that strategic plan.
- With the opportunity to 'learn through doing', you'll absorb new tools and methodologies to immediately apply to day-to-day issues.



What You'll Learn

1. Strategic Planning Course Overview
2. Mindshop Process for Driving Change
3. Now Where How
4. Vision Mapping
5. Understanding the Strategic Planning Model
6. Developing Your Sustainable Competitive Advantage
7. Strategic SWOT
8. Mindmapping 'How'
9. Pareto – 80/20
10. Force Field – Taking Strategy Into Action
11. The One Page Plan
12. Simple Strategy Approaches When Time is Limited
13. Change Success
14. Strategic Planning – Case Study

Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Build capability to design and deliver strategic planning workshops.
- b. Clarify vision, strategies, and competitive advantage for their business.
- c. Improve success rates of implementing change from 30% to 75%.
- d. Apply practical tools and methodologies to real-world challenges.
- e. Enhance leadership & coaching effectiveness through proven frameworks.

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Advanced Sales Skills

Why Complete this Course?

- The Advanced Sales Skills course is designed to sharpen your ability to drive consistent sales success. You'll gain practical models, tools, and techniques to strengthen your sales approach, from setting goals and identifying prospects to managing pipelines, handling objections, and closing deals.
- With a focus on both individual performance and team impact, this course provides actionable strategies you can apply immediately to accelerate growth and customer lifetime value.

What You'll Learn

1. Advanced Sales Skills Audit
2. Sales Goals
3. Identify Your Zebras
4. Income Matrix
5. Sales Metrics
6. Sales Process & Resources
7. Sales Demand Cycle
8. Sales Pipeline / Managing Activity
9. Referrals
10. Role of a Sales Manager
11. SPIN Questions & Objections
12. Customer Curiosity
13. War Stories & Proof of Capability
14. Closing / Next Steps
15. Customer Lifetime Value
16. Customer On-Boarding
17. Sales One Page Plan
18. Advanced Sales Skills – Case Study

Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Strengthen sales techniques and improve day-to-day performance.
- b. Set clear goals and build a consistent pipeline of prospects.
- c. Boost confidence in questioning, storytelling, and objection handling.
- d. Drive stronger results as a sales professional or manager.
- e. Enhance client onboarding and maximise long-term customer value.



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Agile Teams and Implementation

Why Complete this Course?

- The Agile Teams and Implementation course equips you with the skills and frameworks to build and support high-performing teams capable of thriving in a volatile, uncertain, complex, and ambiguous (VUCA) world.
- You'll explore the attributes of agile teams, the stages of team development, and practical tools to drive change initiatives. With a focus on implementation, collaboration, and continuous improvement, this course ensures your teams deliver results faster and more effectively.

What You'll Learn

1. Agile Teams & Implementation - Overview & Goals
2. High Performing Team Attributes
3. Team Culture & Leadership
4. Psychology of Teams
5. Mindshop Process
6. Problem Solving Skills
7. Project Ranking
8. Team Implementation Cycles
9. Agile Sprints
10. Aligning & Measuring Team Performance
11. Project Team Revitalisation
12. Systems & Processes
13. Agile Teams & Implementation - Case Study

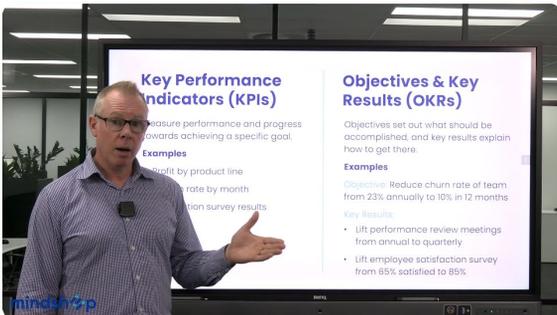
Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Build and lead agile teams that thrive on change and adapt quickly.
- b. Strengthen team collaboration, trust, and culture for peak performance.
- c. Gain practical tools to prioritise issues and drive real implementation.
- d. Apply agile sprints and cycles to keep teams focused and productive.
- e. Improve success rates of delivering change initiatives in fast-moving environments.



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Attraction & Retention

Why Complete this Course?

- Attracting and retaining quality talent is an essential skill to help organisations build and sustain high-performing teams in an increasingly competitive employment market. In this course, you'll learn how to strengthen culture, align values, and design effective recruitment, onboarding, and engagement processes that reduce turnover and enhance capability.
- With a focus on long-term retention and strategic workforce planning, this course equips leaders to future-proof their teams and drive organisational growth.

What You'll Learn

1. Attraction & Retention Course Overview
2. Attraction & Retention Audit
3. Importance of Culture & Values
4. Understanding the Needs of Different Generations in a Workplace
5. Managing Capacity
6. Leveraging Technology
7. 10-Step Recruitment Process
8. Running a Powerful Interview
9. Impactful Onboarding
10. Improving Employee Engagement
11. Performance Reviews
12. Rewards & Recognition
13. Managing a Hybrid Workforce
14. Workforce Planning
15. Attraction & Retention - Case Study

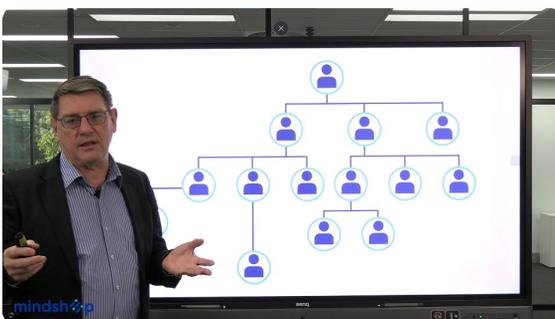
Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Improve recruitment and retention strategies to reduce costly turnover.
- b. Build a strong, values-driven culture that attracts top talent.
- c. Strengthen employee engagement, career development, and succession planning.
- d. Design effective recruitment, onboarding, and performance processes.
- e. Future-proof their workforce to ensure capacity for sustainable growth.



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Change Success Mastery

Why Complete this Course?

- The Change Success Mastery course equips you with proven frameworks and tools to dramatically increase the probability of success for any change initiative.
- Drawing on Dr Chris Mason's robust research and decades of global insights, this course explores the history of change theory, the key levers influencing success, and practical methodologies to boost outcomes. You'll walk away with strategies to lead change confidently, reduce risks, and embed sustainable improvements in your organisation.

What You'll Learn

1. Change Success Mastery Overview
2. Change Factors
3. Change Drivers
4. Change History
5. Leadership Style – Change
6. Change Theories
7. Mindshop Research – Change Success
8. Change Success Model
9. Change Readiness
10. Change Capability
11. Change Beliefs
12. Implementing Change
13. Barriers to Change
14. Risk Mitigation
15. Change Success Mastery – Case Study

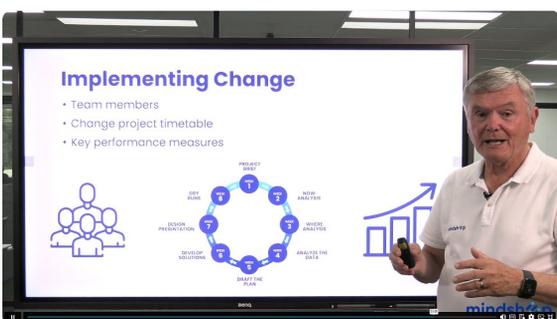
Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Lead successful change initiatives that deliver measurable results.
- b. Understand the drivers of change success and how leadership impacts outcomes.
- c. Apply research-backed tools to overcome barriers and reduce risk.
- d. Boost the probability of change success from 30% to 80%.
- e. Embed sustainable change into processes, culture, and long-term performance.



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Coaching & Accountability

Why Complete this Course?

- The Coaching and Accountability course equips you with the skills, tools, and strategies to become a high-performing business coach.
- You'll learn how to run impactful coaching sessions, apply proven frameworks, and build accountability loops that drive implementation. With a focus on communication, emotional intelligence, problem-solving, and goal setting, this course helps you inspire, guide, and support individuals or teams to achieve sustained growth and long-term success.

What You'll Learn

1. Coaching & Accountability Audit
2. Powerful Coaching Frameworks
3. The Coaching Matrix
4. Pre-Work – How to be Better Prepared
5. Setting the Context
6. Coaching Problem-Solving Tools
7. Personal Strategic SWOT
8. Setting Clear Goals
9. Emotional Intelligence in Coaching
10. Leveraging Technology
11. Accountability Loops & Themes
12. Boosting the Probability of Change Success
13. Coaching & Accountability – Case Study

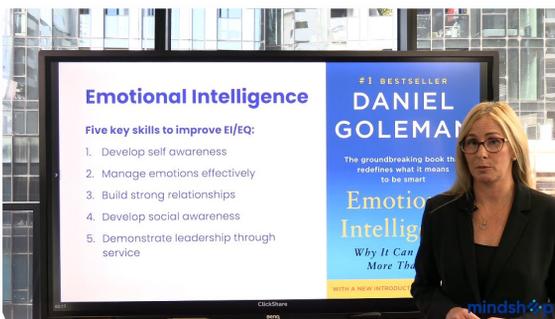
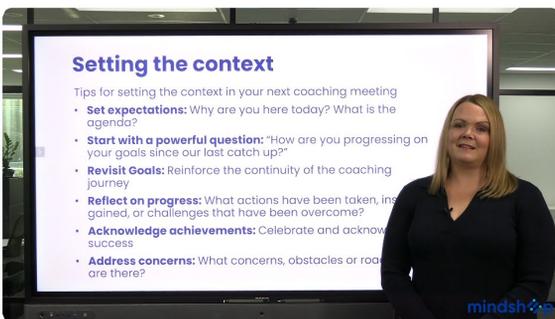
Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Strengthen coaching skills to guide individuals and teams effectively.
- b. Build accountability systems that ensure actions turn into results.
- c. Apply structured coaching frameworks for more purposeful sessions.
- d. Leverage emotional intelligence to enhance trust and collaboration.
- e. Develop strategies that help coachees overcome barriers and achieve goals.



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Facilitation & Presentation Skills

Why Complete this Course?

- The Presentation and Facilitation Skills course is designed to help anyone deliver engaging, impactful presentations in any setting, from one-to-one meetings to large-scale workshops.
- You'll explore proven frameworks, strategies, and tools to structure content, boost engagement, and manage delivery with confidence. Whether you're new to presenting or looking to refine an established style, this course ensures your presentations inspire, educate, and influence effectively.

What You'll Learn

1. Facilitation & Presentation Skills Audit
2. Audience & Outcome
3. Seven Learning Principles
4. Powerful Session Design
5. Leveraging Various Content Mediums & Approaches
6. Preparation & Pre-Work
7. Setup
8. Delivery Process
9. Power Starts
10. Energy & Authenticity
11. Story-Telling
12. Exercises & Break Outs
13. Tone & Body Language
14. Embracing Your Authentic Style
15. Engaging the Entire Room
16. Time Management
17. The Summary & Close
18. Post Work / Follow Up / Reflection
19. Facilitation & Presentation Skills - Case Study

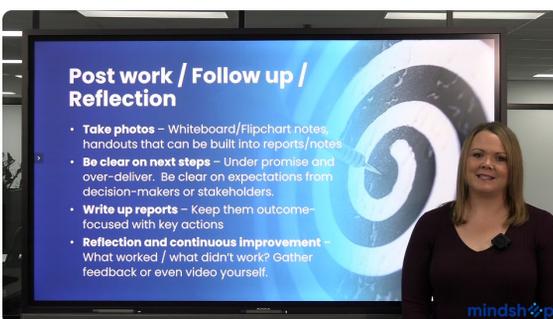
Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Build confidence in presenting to individuals, groups, or large audiences.
- b. Learn frameworks to structure presentations for clarity and impact.
- c. Enhance engagement through storytelling, exercises, and interactive techniques.
- d. Stay current with evolving presentation styles, tools, and approaches.
- e. Continually refine facilitation skills to influence, educate, and inspire others.



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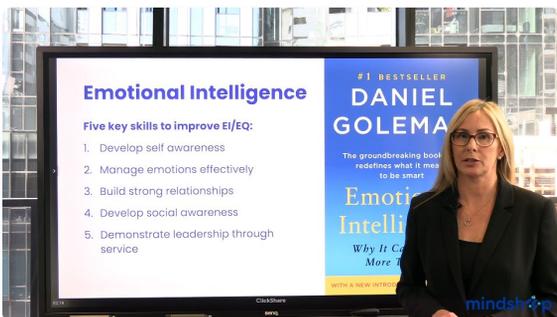


Leadership Performance



Why Complete this Course?

- The Leadership Performance course equips current and aspiring leaders with the mindset, tools, and practical skills to thrive in today's volatile and fast-changing business environment.
- Focusing on implementation rather than theory, you'll learn how to build emotional intelligence, make tough decisions, drive change, and coach your team effectively. Through hands-on learning and practical frameworks, this course helps you elevate your leadership impact and deliver sustainable results.



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What You'll Learn

1. Leadership Performance Course Overview & Goals
2. Leadership Performance Audit - Where are you now?
3. Leadership Vision Mapping
4. What is Your Leadership Style?
5. Mindset of a Great Leader
6. Boosting Your Business Acumen - Being Well Read
7. Locus of Control
8. The Importance of Emotional Intelligence
9. Culture, Values & Authenticity
10. Building Trust as a Leader
11. Being Strategic
12. Setting Goals, Targets - OKR's & KPI's
13. Driving Change Effectively
14. Managing the Team Effectively
15. Being a Great Coach
16. Making Tough Decisions
17. Using Intuition as a Leader
18. Delivering Results
19. Leadership Performance - Case Study

Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Strengthen their leadership foundations to deliver results in dynamic markets.
- b. Build emotional intelligence, authenticity, and trust as a leader.
- c. Apply practical tools for strategy, decision-making, and driving change.
- d. Enhance coaching skills to inspire and develop their team.
- e. Continuously improve leadership effectiveness and long-term impact.



Marketing Strategies

Why Complete this Course?

- The Marketing Strategies course provides a structured approach to building and refining your organisation's marketing plan to achieve sustainable growth. You'll learn how to define your target customers, identify a sustainable competitive advantage, and craft strategies that cut through in a crowded market.
- With practical tools and frameworks, this course helps you align customer needs, competitive insights, and growth goals into a clear, actionable one-page marketing plan.



What You'll Learn

1. Marketing Strategies Course Overview & Goals
2. Marketing Audit
3. Understanding Your Target Customers
4. Competitor Analysis
5. Best Practice - What can we Learn?
6. What is Your Competitive Advantage?
7. Four Ways to Grow a Business
8. Product Strategy
9. Improving the Value of a Product or Service
10. Pricing Strategy
11. Marketing Pyramid
12. CRM & Marketing Automation
13. Leveraging Social Media
14. 8C's of Conversion
15. Marketing One Page Plan
16. Marketing Strategies - Case Study

Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Develop a marketing strategy aligned to customer needs and growth goals.
- b. Identify and leverage a clear sustainable competitive advantage.
- c. Improve market segmentation and competitor analysis.
- d. Boost effectiveness through CRM, social media, and conversion tools.
- e. Build a practical one-page marketing plan to drive execution.

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Personal Resilience

Why Complete this Course?

- The Personal Resilience Skills course equips you with practical tools and strategies to strengthen your ability to adapt and thrive in challenging circumstances. You'll assess your current resilience levels, define where you want to improve, and apply proven techniques to build emotional strength, focus, and adaptability.
- With a learn-by-doing approach, this course ensures you can apply resilience skills immediately to day-to-day challenges and sustain long-term growth.

What You'll Learn

1. Understanding Personal Resilience. Your 'Now' & 'Where'
2. Stress Management
3. Managing Your Beliefs
4. Avoiding Self-Sabotaging Behaviours
5. Embracing a Positive Self Picture
6. Boosting Your Probability of Change Success
7. Dealing With Resilience Challenges
8. Dealing With Barriers
9. Your Personal Resilience Plan
10. Personal Resilience – Case Study

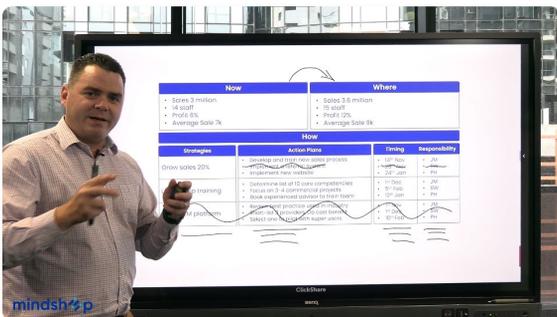
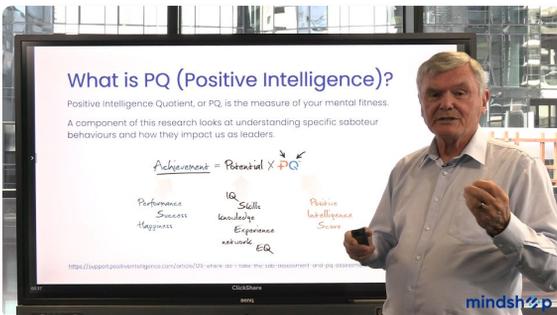
Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Build resilience to better handle stress, setbacks, and uncertainty.
- b. Assess their current resilience levels and identify growth areas.
- c. Apply practical tools to boost focus, adaptability, and energy.
- d. Develop strategies for maintaining wellbeing in demanding environments.
- e. Strengthen long-term personal and professional performance.



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Personal Success

Why Complete this Course?

- The Personal Success and Growth course empowers you to unlock your full potential by developing a resilient mindset, purposeful focus, and balanced approach to life.
- Through self-discovery, practical tools, and actionable strategies, you'll clarify personal goals, optimise performance, and build sustainable habits that drive long-term achievement. By creating a one-page personal success plan, this course helps you translate insights into meaningful action for both personal and professional fulfilment.



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What You'll Learn

1. Introduction to Personal Success & Course Goals
2. Finding Your Purpose
3. Personal Vision
4. Personal Brand
5. Annual Themes
6. Work/Life Balance
7. Achieving Optimal Performance
8. Energy Audit
9. Growth Mindset
10. Belief Behaviour Model
11. How to Deal With Irrational Beliefs
12. Overcoming Barriers
13. Making Tough Decisions
14. Value to Others – Feeling Worthy of Success
15. Personal Change Success
16. Role Models & Mentors
17. Your Personal One Page Success Plan
18. Personal Success Case Study

Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Clarify personal goals, purpose, and vision for long-term success.
- b. Build resilience and a growth mindset to overcome barriers.
- c. Optimise performance and maintain energy across work and life.
- d. Make informed choices that create meaningful personal and professional impact.
- e. Develop a practical plan to sustain momentum and achieve balance.

Problem Solving Advanced

Why Complete this Course?

- The Advanced Problem-Solving course equips you and your team with practical tools and methodologies to tackle complex business challenges effectively.
- Building on foundational problem-solving skills, this course focuses on strategic decision-making, prioritising key issues, and driving actionable solutions. With exercises based on practical application, you'll develop the ability to apply advanced frameworks, measure success, and support continuous improvement, enhancing both personal performance and organisational impact.

What You'll Learn

1. Overview & Goals
2. Five Whys
3. Decision Matrix
4. Issue Ranking
5. Force Field
6. One Page Plan
7. Four Step Problem Solving
8. Key Performance Indicators, Objectives & Key Results
9. Plan, Do, Check, Act (PDCA)
10. Problem Solving Advanced – Case Study

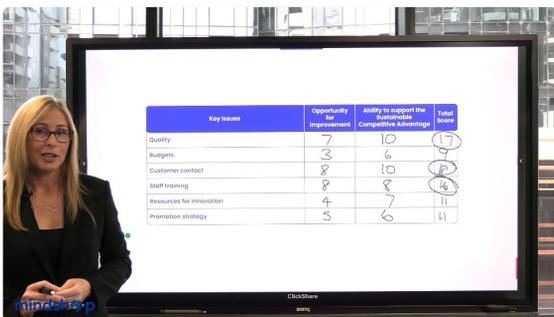
Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Strengthen their ability to solve complex business challenges.
- b. Move from identifying problems to uncovering root causes.
- c. Prioritise issues and make strategic, actionable decisions.
- d. Apply advanced tools to drive solutions and accountability.
- e. Measure success and foster continuous improvement across the business.



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Profit Improvement

Why Complete this Course?

- The Profit Improvement course equips you with practical tools to maximise profitability by reducing waste and optimising revenue.
- You'll learn to apply the Profit Formula and Seven Wastes methodologies to uncover hidden inefficiencies, improve processes, and align profit initiatives with strategic goals. With a focus on continuous improvement, this course enables you to create actionable plans that enhance efficiency, drive growth, and sustain long-term business success.

What You'll Learn

1. Profit Improvement Course Overview & Goals
2. Business Improvement Process Stages
3. Profit Formula
4. Waste Reduction Process
5. Seven Wastes
6. Removing the Waste - Your Plan
7. Continuous Improvement Cycle
8. Profit Improvement - Case Study

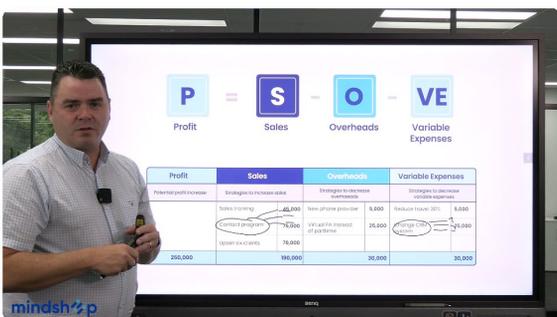
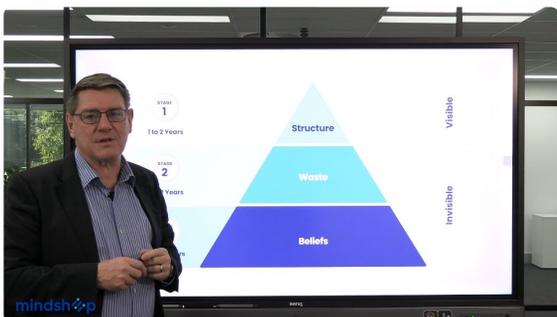
Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Increase profitability by identifying and eliminating business waste.
- b. Apply the Profit Formula and Seven Wastes tools to optimise processes.
- c. Align profit improvement initiatives with strategic business goals.
- d. Develop a one-page actionable profit improvement plan.
- e. Foster a continuous improvement culture to drive efficiency and growth.



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Time & Priority Mastery

Why Complete this Course?

- The Time & Priority Mastery course provides practical strategies to help you organise and execute priorities, maximising productivity and personal fulfilment.
- You'll explore tools and techniques to manage your time, focus on high-impact tasks, delegate effectively, and leverage technology to do more with less. By practising what you learn you'll build sustainable habits that enhance efficiency, reduce stress, and create space for both work and life balance.

What You'll Learn

1. Time and Priority Mastery Course Overview & Goals
2. Where do you Waste Your Time?
3. Covey Time Management Matrix
4. Managing Priorities – RAFT
5. Timeboxing Calendars
6. Stop Doing Lists
7. Focus – Must Should Could
8. Delegation
9. Issue Ranking
10. Running Efficient Meetings
11. Leveraging Technology Effectively
12. Building the Right Habits
13. Time and Priority Mastery – Case Study

Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Improve personal and professional productivity through better time management.
- b. Prioritise high-impact tasks and focus on what drives results.
- c. Learn practical tools to delegate, streamline, and optimise daily activities.
- d. Run more efficient meetings and leverage technology effectively.
- e. Build lasting habits to manage time and maintain work-life balance.



Contact us on 0409 692 163 or info@bestbusinessresults.com



Business Intuition

Why Complete this Course?

- The Business Intuition course helps you integrate intuition with data to make confident, agile decisions in complex and uncertain environments. Through practical exercises and proven frameworks, you'll learn to recognise patterns, overcome biases, and balance instinct with logic.
- By honing your intuitive skills, you can identify opportunities, solve problems more effectively, and develop strategies that combine experience, insight, and measurable evidence. Regular practice ensures these skills become a reliable decision-making tool.

What You'll Learn

1. Business Intuition Course Overview
2. Goals & Decisions
3. Business Intuition Model
4. Barriers to Intuition
5. Biases
6. Dowsing
7. Coin Toss
8. Meditation
9. Logic Versus Intuition
10. Attention - Immersion
11. Procrastination & Incubation
12. Harnessing Intuition
13. Top Three Strategies
14. Business Intuition - Case Study

Course Inclusions

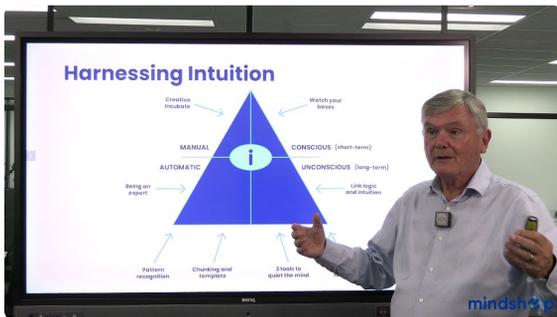
- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Enhance decision-making by combining intuition with data and analysis.
- b. Recognise and overcome barriers or biases that block intuition.
- c. Apply techniques to develop and trust their expert intuition.
- d. Balance instinct and logic to navigate uncertainty and complexity.
- e. Solve problems and seize opportunities with greater confidence and agility.

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Lean Management

Why Complete this Course?

- The Lean Management course equips you with practical tools to eliminate waste, optimise processes, and drive continuous improvement across an organisation.
- Drawing on proven principles from manufacturing and industry leaders like Toyota, Zara, and Microsoft, this course teaches frameworks and techniques to increase efficiency, enhance quality, and create more value with fewer resources. You'll learn to embed lean thinking and agile practices to respond faster, adapt to change, and sustain high performance.

What You'll Learn

1. Lean Management Course Overview & Goals
2. The Importance of Agility
3. Seven Learning Principles
4. TQM Model
5. DMAIC – Six Sigma
6. CEDAC
7. Failure Mode Effect Analysis – FMEA
8. 5S
9. Benchmarking
10. Control Charts
11. Flow Charts
12. Business Excellence Model
13. Seven Wastes – Waste Audit
14. Your Actions – Final Take Aways
15. Lean Management Case Study

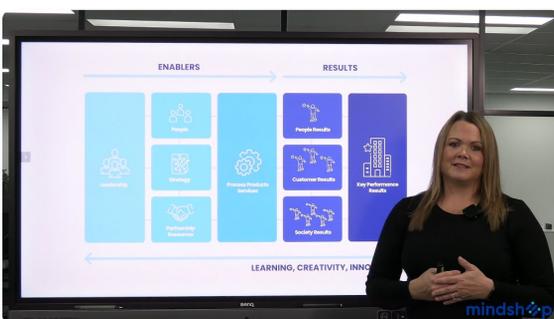
Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Eliminate waste and inefficiencies across business operations.
- b. Optimise processes and enhance overall organisational productivity.
- c. Apply lean frameworks like TQM, Six Sigma, and CEDAC effectively.
- d. Implement continuous improvement tools such as 5S, benchmarking, and flow charts.
- e. Drive sustainable value creation, agility, and operational excellence in their business.



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Self Confidence

Why Complete this Course?

- The Self Confidence course helps participants strengthen belief in their abilities, worth, and judgment. By exploring the internal and external factors that influence confidence, you'll gain tools and strategies to overcome self-doubt, handle setbacks, and communicate effectively.
- The course combines reflection, practical techniques, and actionable strategies to boost personal and professional confidence, enabling you to pursue goals, inspire trust, and navigate challenges with poise and resilience.

What You'll Learn

1. Self-Confidence Course Overview & Goals
2. Self-Reflection & Awareness
3. Life Purpose
4. Values / Being Authentic
5. Managing Beliefs
6. Positive Thinking
7. Overcoming Negative Self-Talk
8. Effective Communication Skills
9. Energy Audit
10. Value to Others
11. Self-Confidence Plan
12. Personal Change Success
13. Self-Confidence - Case Study

Course Inclusions

- Explanatory Videos
- Written & Visual Materials
- Self-Paced Workbooks
- Case Study Self-Assessment Task
- Certificate of Completion

Who Should Complete the Course?

Anyone who wants to:

- a. Build a realistic and positive perception of their own abilities and worth.
- b. Overcome self-doubt, stress, and limiting beliefs that undermine confidence.
- c. Improve communication skills and assertiveness in personal and professional settings.
- d. Cultivate resilience to handle setbacks, criticism, and challenging situations.
- e. Develop an actionable plan to strengthen confidence and achieve personal and career goals.

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